



**Government Degree College
Puttur, Tirupathi Dist.,**

**National Service Scheme (NSS)
Unit-1 & Unit -2**

**Regular Activities Report for the Year
2022-2023**

Unit -2: P.O. Dr. T. Raghuraman

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**Submitted to
NSS Wing
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Tiripathi-517 501.**

Objectives of National Service scheme

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- iii. Identify the needs and problems of the community and involve them in problem-solving
- iv. Develop among themselves a sense of social and civic responsibility
- v. Utilize their knowledge in finding practical solutions to individual and community problems
- vi. Develop competence required for group-living and sharing of responsibilities
- vii. Gain skills in mobilising community participation
- viii. Acquire leadership qualities and democratic attitudes
- ix. develop capacity to meet emergencies and natural disasters and
- x. practise national integration and social harmony.

National Service Scheme (NSS) About National Service Scheme (NSS)

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of 11th & 12th Class of schools at +2 Board level and student youth of Technical Institution, Graduate & Post Graduate at colleges and University level of India to take part in various Government led community service activities & programmes. The primary objective of developing the

personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. NSS was launched in 1969 in 37 Universities involving about 40,000 volunteers which has now spread over 657 Universities and 51 +2 Councils/Directorates, covering 20,669 Colleges/ Technical Institutions and 11,988 Senior Secondary School. Since inception , over 7.4 crore students have benefitted from NSS.

The NSS Badge Proud to Serve the Nation:

All the youth volunteers who opt to serve the nation through the NSS led community service wear the NSS badge with pride and a sense of responsibility towards helping needy.

The Konark wheel in the NSS badge having 8 bars signifies the 24 hours of a the day, reminding the wearer to be ready for the service of the nation round the clock i.e. for 24 hours.

Red colour in the badge signifies energy and spirit displayed by the NSS volunteers.

The Blue colour signifies the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

Motto:

The motto of National Service Scheme is **NOT ME BUT YOU Benefits of Being a NSS Volunteer:** A NSS volunteer who takes part in the community service program would either be a college level or a senior secondary level student. Being an active member these student volunteers would have the exposure and experience to be the following:

an accomplished social leader

an efficient administrator

a person who understands human nature

Major Activities:

National Integration Camp (NIC):

The National Integration Camp (NIC) is organized every year and the duration of each camp is of 7 days with day-night boarding & lodging. These camps are held in different parts of the country. Each camp involves 200 NSS volunteers to undertake the scheduled activities.

Objectives of the National Integration Camp

Make the NSS volunteers aware of the following:

Rich cultural diversity of India

History of our diversified culture

National pride through knowledge about India

To integrate the nation through social service

Adventure Program:

The camps are held every year which are attended by approximately 1500 NSS volunteers with at least 50% of the volunteers being girl students. These camps are conducted in Himalayan Region in the North and Arunachal Pradesh in North East region. The adventure activities undertaken in these camps includes trekking of mountains, water rafting, Para-sailing and basic skiing.

Objectives of Adventure Program

Promote various adventure activities among NSS volunteers

Infuse the sense of love towards the various regions of India

Enhance leadership qualities, fraternity, team spirit and risk taking capacity.

Improvement of physical and mental strength

Exposure to new vocational possibilities

NSS Republic Day Parade Camp:

The first Republic Day Camp of NSS Volunteers was held in 1988. The camp takes place in Delhi between 1st and 31st January every year with 200 NSS selected volunteers who are good in discipline, March-past and cultural activities.

A Contingent of selected NSS volunteers participates in the Republic Day Parade at Rajpath, New Delhi on 26th of January every year in accordance with the guidelines and requisition of the Ministry of Defence.

Objectives of NSS Republic Day Parade Camp

Enable the volunteers to interact with fellow members hailing from various parts of India.
Experience the tradition, custom, culture, language of all states of India.
Provide a chance to develop overall personality of the Student volunteers.
Constitute the bond of patriotism, national integration, brotherhood and communal harmony.

National Youth Festivals

National Youth Festivals are organized every year from 12th to 16th January by the Government of India, Ministry of Youth Affairs & Sports in collaboration with the State Governments in different parts of the country. Eminent guests, speakers and youth icons are invited to address and interact with about 1500 participating NSS volunteers during the National Youth Festivals.

Objectives of National Youth Festivals

Make the volunteers aware of the various festivals celebrated in the country
Remind the volunteers of the cultural importance of festivals celebrated in our country
Provide a chance to the NSS volunteers to interact with the resource person/speaker/youth icons

National Service Scheme Award

The Ministry of Youth Affairs and Sports, Government of India had instituted the National Service Scheme Awards to recognize the voluntary service rendered by NSS volunteers, Programme Officers, N.S.S. units and the university/senior secondary council.

List of activities conducted in the academic year 2022-23

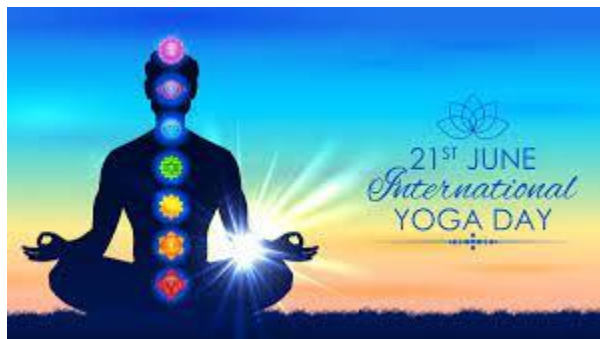
S.No	Date	Name of the activity	Remarks
1	21-6-2022	International Yoga Day celebrations	
2	8-8-2022	Blood donation camp and rally of AKIM	
3	13-8-2022	Har Ghar Thiranga rally	
4	15-8-2022	Independence day celebrations	
5	10-9-2022	Clean and green program conducted	
6	24-9-2022	Conduct of NSS day program	
7	3-10-2022	Clean and green program conducted	
8	2-10-2022	Celebration of Gandhi- Jayanthi	
9	26-11-2022	Constitution day celebrations	
10	1-12-2022	World AIDS day rally	
11	25-1-2023	National Voters day	
12	26-1-2023	Republic day celebrations	
13	6-2-2023	Conduct of swachh Bharath	
14	15-3-2023	Conduct of college beautification	
15	25-3-2023	Campus cleaning by nss volunteers	

NSS Program Officer,
(Dr. T. Raghuraman)
Lecturer in Physics

Dr. M. Sreenivasulu Reddy
Principal

ACTIVITY-1

International Yoga Day celebrations



The idea of observing International **Yoga** Day was first proposed by Prime Minister Narendra Modi, during his speech at the United Nations General Assembly (UNGA) in September 2014. The PM suggested June 21 as the date for the observance as it is the summer solstice, the longest day of the year in the Northern Hemisphere.

International Yoga Day 2023 Theme

The International Yoga Day 2023 theme is determined by the United Nations (UN). Each year, International Yoga Day centers around a particular theme that highlights a specific aspect of yoga, emphasising its significance and influence on society. The theme for International Yoga Day 2023 is "Yoga for Vasudhaiva Kutumbakam."

International Yoga Day 2023 Significance

Yoga is an old practice that combines physical postures, meditation, breathing exercises, and ethical principles to promote the overall well-being of people. International Yoga Day 2023 will encourage individuals and communities to incorporate yoga into their daily lives and experience its positive impact on their physical and mental health.

In our college nearly 60 lecturers and around 170 students were participated in the yoga day celebrations, Principal Dr. G. Bhaskara reddy insisted that every one should practice yoga on every day for the physical and mental health and other

medical department persons were also created awareness about the yoga and



Day 5
13-08-2022 (Saturday)
Rally

itsimportance.



ACTIVITY-2

Blood Donation Camp and rally of AKIM



Why do people donate blood?

Everyone has their own reasons for donating blood, but a few common ones include:

- Donating is a generous thing to do. It helps people in need, and it helps people in your community. **When you give, others live.**
- Donors, especially those who donate regularly, keep our nation's blood supply stable. Although many people donate blood after disasters, blood is needed every day of the year.
- There is no substitute for blood. Donors provide the only supply of life-saving blood for those in need.



Nss volunteers participated the blood donation program, which was organized at Govt.hospital , Puttur in association with the health department. Nearly 20 volunteers donated their blood at govt hospital puttur. An appreciation certificate was also received by our college for this active participation of nss volunteers.

Blood Donation Camp



Press Clippings

స్థూర్తిదాయక సంబరాలు నిర్వహిద్దాం



రక్షదానం చేస్తున్న ఎన్‌ఎస్‌సీ విద్యార్థులు

[illegible]

పుతూరు: గొల్లపల్లెలో రక్తాఘాతం

పంచమగు మనంగా నిర్వహించాలని, గ్రామా
దేవునిగా ఇంటింటా జాతీయ జెండాను మంచనం
చేయమని ప్రధానాధికార్యాయులు తెలిపారు.
సోమవారం షత్తురు మండలం గొల్లపల్లెలో సర్పంచ
సీ విలింజ్ ఆధ్వర్యంలో ఆజాదీ కా అమృత మహోత్సవ
క్రమే షాత్రుల వ్యతిరేకంగా నిర్వహించారు. అనంతరం
జాతీయ జెండా ప్రాముఖ్యత, జాతీయ నా
యకులు చేసిన త్యాగాలపై అవగాహన కల్పిస్తూ
గ్రామంలో గొల్ల జేపట్టాను, వైఎస్సార్ గేట్ నాయ
కులు దీపావళిద్రవ్యం, ఉపాధ్యాయులు, విద్యార్థులు
సాగినారు.

ACTIVITY-3

HAR GHAR TIRANGA RALLY



The campaign was launched on July 22. The date was chosen for its historical importance as it aligned with the adoption of the National Flag. The government launched a dedicated website, allowing Indian citizens to virtually display the tricolour at their homes and share selfies with the National Flag. 'Har Ghar Tiranga': Around 2.5 crore national flags supplied to post offices, says culture ministry.12-Aug-2023



In our college HAR HGAR THIRANGA Rally was conducted with all NSS volunteers. Principal Dr. M. Sreenivasulu reddy gaaru started the rally by hoisting the flag. In his message, he told everyone should have the patritiosm.

ACTIVITY-4

INDEPENDENCE DAY CELEBRATIONS



This means that 1947 will always be remembered as the first year of India's independence and the first Independence Day. As a result, the country will celebrate its 77th Independence Day in 2023. To conclude, this year India will be celebrating its 77th Independence Day on 15 August 2023, marking 76 years of freedom.

One of the revered personalities of the world, Mahatma Gandhi , led the freedom movement of India to secure independence from 200 years of oppression and discrimination under British rule. Gandhi's inspiring leadership brought him the name, Mahatma.

It marks the day when the country gained independence from British rule in 1947. This day reminds us of the sacrifices and courage all men and women took to free our country from the Britishers. This day we pay tribute to those freedom fighters who laid down their lives for the sake of the motherland.

In our all NSS volunteers participated the Independence day celebrations and made the program a successful event.

ACTIVITY-5

CLEAN AND GREEN PROGRAMM



India's biggest ever cleanliness drive launched by the Prime Minister on Gandhi Jayanti, 2nd October 2014 at Rajghat in New Delhi. PM urges everyone to devote 100 hours every year that is two hours every week towards cleanliness. We always talk of keeping our environment clean. But, then again, we are the only ones who pollute it. Swachh Bharat Abhiyan launched on 2nd October 2014 stresses on a Clean India. Prime Minister has appealed to each and every one of us to maintain cleanliness in our homes and localities. Under these circumstances, I wonder how people are going to celebrate Diwali this time, when this is one festival which creates the maximum pollution in a year just, that too, within a short duration.



In the campus cleaning principal, faculty members and Physical director are also participated.



ACTIVITY-6

NSS DAY PROGRAM



NSS Day

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate programmes and activities.



ACTIVITY-7

CLEAN AND GREEN PROGRAM



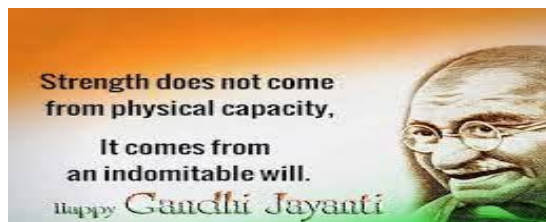
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Clean and green program was conducted by NSS wing in the college and cleaned the front side of the college.

ACTIVITY-8

GANDHI JAYANTHI



Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as [Mahatma Gandhi](#). He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

Essay writing competition was conducted on the occasion of Gandhi jayanthi to the nss volunteers. Prizes for the winners will be distribute on independence day celebrations of the college.



ACTIVITY-9

CONSTITUTION DAY



The Government of India declared 26 November as Constitution Day on 19 November 2015 by a gazette notification. The Prime Minister of India [Narendra Modi](#) made the declaration on 11 October 2015 while laying the foundation stone of the [B. R. Ambedkar's Statue of Equality](#) memorial in [Mumbai](#).^[2] The year of 2021 was the 131st birth anniversary of Ambedkar, who had chaired the drafting committee of the Constituent Assembly and played a pivotal role in the drafting of the constitution.^[1] Previously this day was celebrated as Law Day.^[3] 26 November was chosen to spread the importance of the constitution and to spread thoughts and ideas of Ambedkar. PM Modi Speech On National Law Day 2021, 26 November, and also The President , Vice President and Lok Sabha Speaker also addressed the program.^{[4][5]}

Constitution day was celebrated in the college by nss wing in association with political science department. Principal sir told the importance of the constitution day to the volunteers. Vice principal, IQAC convener and other faculty members were also participated in the program.



ACTIVITY-10

WORLD'S AIDS DAY



Each year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with HIV and to remember those who have died from AIDS-related illnesses.

Each World AIDS Day focuses on a specific theme, which this year will be Let Communities Lead. Because change depends not on a moment but on a movement, the message “Let Communities Lead” will not only ring out on one day. It will be at the core of activities that will build up across November, see the release of the World AIDS Day Report – entitled Let Communities Lead – in late November, reach a crescendo on World AIDS Day on 1 December, and continue to echo throughout December and beyond

This year’s theme joins a growing list of challenges that World AIDS Day has alerted people to globally. Founded in 1988, World AIDS Day was the first ever international day for global health. Every year, United Nations agencies, governments and civil society join together to campaign around specific themes related to HIV.



ACTIVITY-11

NATIONAL VOTER'S DAY



- Every Year since 2011, 25th January has been celebrated as National Voters' Day.
- It marks the Foundation day of the [Election Commission of India](#), which was established on this day in the year 1950.
- The celebrations take place at over ten lakh locations across the country, including polling station areas, subdivisions, divisions, district and state headquarters.
- Since the beginning, National Voter Day has been institutionalized as an annual feature to celebrate democracy and electoral participation in the country.
- The theme for the National Voters' Day sets the tone for a stream of activities during the year.



ACTIVITY-12

REPUBLIC DAY

Republic Day is the day when India marks and celebrates the date on which the [Constitution of India](#) came into effect on 26 January 1950. This replaced the [Government of India Act 1935](#) as the governing document of India, thus turning the nation into a [republic](#) separate from [British Raj](#).^[1] The constitution was adopted by the [Indian Constituent Assembly](#) on 26 November 1949 and came into effect on 26 January 1950. 26 January was chosen as the date for Republic Day as it was on that day in 1930 when the [Declaration of Indian Independence](#) was proclaimed by the [Indian National Congress](#).

In our college republic day was celebrated in the grand manner and all the nss volunteers were participated. Prizes were distributed to the nss volunteers, the winners of the various competitions on the various occasions.

ACTIVITY-13

CONDUCT OF SWATCH BHARAT



Swachh Bharat Mission, Swachh Bharat Abhiyan, or Clean India Mission is a country-wide campaign initiated by the [Government of India](#) in 2nd October, 2014 to eliminate [open defecation](#) and improve [solid waste management](#) and to create Open Defecation Free (ODF) villages. The program also aims to increase awareness of menstrual health management. ^[2] It is a restructured version of the **Nirmal Bharat Abhiyan** launched in 2009 that failed to achieve its intended targets.

Phase 1 of the Swachh Bharat Mission lasted till 2nd October 2019, and

Phase 2 is being implemented between 2020–21 and 2024–25 to help cement the work of Phase 1.



ACTIVITY-15

CONDUCT OF COLLEGE BEAUTIFICATION



Canpus cleaning was conducted by the all nss volunteers in the college.



ACTIVITY-15
CAMPUS CLEANING BY NSS VOLUNTEERS

**Campus
Clean Up**



Campus cleaning near library of the was conducted by the nss wing of the college on 25-3-2023.